

saMKyA (sAdhanA) suLAdi

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haridAsanAgi saMcarisu saMtOShadali |
guruhiriya pAdakkeragu biDade ||

-dhRuvatALa-

1. eraDoMdu tiLidu = (eraDu+oMdu=mUru) - bAlya, yauvana, vArdhakya
2. matteraDoMdu aLidu - heNNu, honnu, maNNu
3. eraDoMdu saMpAdisi - j~jAna, Bakti, vairAgya
4. eraDoMdu SuciYalli - kAya, vAk, manassu
5. eraDoMdu sairisuta - adhyAtimaka, Adidaivika, AdiBautika
6. eraDoMdu kAladalli - prAtaH, madhyAhna, sAyaMkAla
7. eraDoMdu guNagaLige - satva, raja, tama
8. eraDoMdu rUpaneMdu - brahma, viShNu, mahESvara
9. eraDoMdu IOkavannu - svarga, martya, pAtALa
10. eraDoMdu mALpanna - sRuShTi, sthiti, laya
11. eraDoMdu avastheyali - jAgRuta, svapna, suShupti
12. eraDoMdu uLLamElu - SravaNa, manana, dhyAna
13. eraDoMdu kAyanODu - svarUpa, liMga, sthUla
14. eraDoMdu sAri kAyAkaliyO - saMcita, AgAmi, prArabdhA
15. eraDoMdu akSharagaLa - akAra, ukAra, makAragaLa samaShTiyAda
OMkAravannu
16. eraDoMdu sAri nenedu - trikAlagaLalli japisi
17. eraDoMdu sthAna sEru - SvEtadvIpa, anaMtAsana, vaikuMTha eMba
tridhAmavannu sEru
18. eraDoMdu SUnya vijaya viTThala - satva, raja, tama
19. eraDoMdu rUpa Bajisi - agrESa, mUIESa, prAdESa
20. eraDoMdoMdAvarti poLeva - vAsanAmaya, aparOkSha (sthUla),
biMbaparOkSha || 1 ||

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-maTTatALa-

1. mUroMdu yugadalli = (mUru+oMdu=nAlku) - kRuta, trEta, dvApara, kaliyugagaLalli
2. mUroMdu varNava - biLi, keMpu, haLadi, nlli vAsudEva, saMkarShaNa, pradyumna, aniruddha rUpanAgi anugrahisalu avatarisuvavanu: mOkSha, saMhAra, sRuShTi, pAlane.
3. mUroMdu kaDe biMba - svarUpa, liMga, sUkShma mattu sthUla dEhagaLalliruvavanu
4. mUroMdu Bajisi - sat, cit, AnaMda mattu Atma eMba caturguNagaLiMda upAsane mADu
5. mUroMdu puruShArtha - dharma, artha, kAma mOkShagaLannu nIDuvavanu
6. mUroMdAdi bEDu - sArUpya, sAIOkya, sAmIpya, sAyujya
7. mUroMdu moganayya vijayaviTThalarEya - nAlku mogavuLLa brahmadEvana ayyanAda vijayaviTThalanannu
8. mUroMdupAyadali - BaktiyOga, j~jAnayOga, karmayOga, vairAgyagaLiMda avanannu tiLiyabEku.
9. mUroMdu praLaya mALpa - dina, AtyaMtika, prAkRuta, naimittika praLayagaLannu mADuvavanu || 2 ||

-triviDitALa-

1. nAlkoMdu BEdava nijaveMdu tiLidu = (nAlku+oMdu=aidu) - jlvESvara BEda, jlvajaDa, jaDa-jaDaBEda, jaDESvara, jlva jlva BEda hlge paMcaBEdagaLu
2. nAlkoMdAtmakavAda brahmAMDadi - pRuthvi, ap, tEja, vAyu, AkASa
3. nAlkoMdu bageyavaru yOgyavaMtareMdu - dEva, RuShi, pitRu, rAjaru, manuShyaru
4. nAlkoMdu saMpada ippaveMdu - sAmIpya, sAIOkya, sArOpya, sAyujya, jlvanmukti
5. nAlkoMdu kOSadali vAsavAgi iddu - annamaya, prANamaya, manOmaya, vij~jAnamaya, AnaMdamaya

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6. nAlkoMdu parvadali tirugadale - tama, mOha, mahAmOha, tAmisra, aMdhatAmisra
7. nAlkoMdu mudregala dharisutali - cakra, SaMKa, gadA, padma, nArAyaNa mudregalu
8. nAlkoMdu yaj~jagala tiLidu mADi nitya - dEva, RuShi, pitRu, Buta, atithi yaj~jagalu - paMcayaj~jagalu
9. nAlkoMdu iMdriyagala baMdhisutali - SrOtRu, cakShu, sparSha, rasanA, GrANa - paMca j~jAnEMdriyagalu
10. nAlkoMdu hAdige eragadiro eMdU – kAma, krOdha, IOBa, mOha, mada
11. nAlkoMdu avara pAla - muktaru, muktiyOgyaru, nityasaMsAri, tAmasaru, tamOyOgyaru eMba aivaru asvataMtrarannu pAlisuvavanu
12. nAlkoMdu biDisuva - vijayaviTThalarEya - paMcaBEdAtmaka prapaMcagaLiMda biDisi
13. nAlkoMdu koDuvanO - paMcarUpagaLalli ocidAda vAsudEvana darSana BAgya koDuvanu || 3 ||

-aTTatALa-

1. aidoMdu upadrava mugisu = (aidu+oMdu=Aru) - kAma, krOdha, IOBa, mOha, mada, matsaraveMba ShaDripugaLannu baradaMte nOdikO
2. aidoMdu karma mADutaliru - yajana, yAjana, adhyayana, adhyApana, dAna, pratigrahaveMba ShaTkarma niratanAgiru
3. aidoMdu matake namma matavE adhikavennu - SAkta, pASupata, gANapatya, advaita, viSiShTAdvaita, dvaita matagaLalli dvaita matavE SrEShTavAdudennu
4. aidoMdu ruci biDu harinAmavE ruci ennu - madhura, huLi, uppu, kaTu, kahi, ogaru rasagaLalli harinAma rasavE uttama rasaveMdu tiLi
5. aidoMdu rathikara jarida vijaya viTThalanna - BISHma, droNa, kRupa, karNa, Salya, aSvatthAmarannu saMdhikAladalli jaridu vidurana manege hOda vijaya viTThalanna Bajisu
6. aidoMdu sthaLadalli tiLiyO nirmalanAgi - mUIAdhAra, nABi, hRudaya, tuMdi, kaMTha, BrUmadyeyiruva Aru kamalagaLu || 4 ||

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-AditALa-

1. AroMdu jaDavuLLa ninnadu alla = (Aru+oMdu=ELu) - carma, tvak, rudhira, mAMsa, majja, mEdhassu, asthi ELu togaTegaLa samUhavAda I dEha parataMtra
2. AroMdu aMbudhiyaShTu karmavu ninnadu - kShArOdha, ikShurasOdha, GrutOdha, kShIrOdha, dadhi, maMDOdha, SuddhOdha eMba saptasamudradaShTu karmavide.
3. AroMdu varadalli SikShipa yamanu - nityAnitya narakagaLu - tAmisra, aMdhatAmisra, nitya narakagaLu - kArava, mahAkArava, vahni, vaitaraNI, kuMBIpAka
4. AroMdu dvlpagaLa ALidavarella - sapta dvlpagaLu - jaMbu, plakSha, SAImall, kuSa, krauMca, SAka, puShkara sapta dvlpAdhipatigaLu - agnIdhra, adhmajihva, yaj~jabAhu, hiraNyarEta, dhRutapraShTha, mEdhAtithi, nItihOtra
5. AroMdu hayanakAlakkeviddu snAnAdI - dinavU ELanE yAmadalli (brAhmI mahUrthadalli) eddu ELu karma - snAna, saMdhyAjapa, dEvatArcane, brahmayaaj~ja, vaiSvadEva, baliharaNa, atithipUje mADuttiru
6. AroMdu jihvake uNisi karmaj~jAna - SrOtra, sparSha, cakShu, rasanA, GrANa, manassu, jlva
7. AroMdu gOtra uddhAra mADuta - pitA, pitAmaha, prapitAmaha, mAtA, mAtAmahi, prapitAmahI, SrAddhakartA (jlva)
8. AroMdu aMgavuLLa vijaya viTThala hariya - saMvatsara, Ayana, Rutu, mAsa, pakSha, vAra, tithigaLeMba ELu aMgagaLulla kAlaniyAmakanAda vijayaviTThala hariya
9. AroMdu varoLu nimiSha dAsanAgu - viShNu, brahma, vAyu, garuDa, SESha, rudra, iMdraralli animiShanAda dAsanAgu || 5 ||

-jate-

koDabyADa koLabyADa sirivijayaviTThalanna |
aDigaLa ardha nimiSha naMbalu kaivalya || 6 ||